



**Hurry! Hurry! Hurry Hard!!**  
**to**  
**The Abbotsford Curling Club**

**February 23- March 30th**  
**Wednesdays from 2:00-4:00**  
**Cost for 5 weeks of Curling is \$60**

The Abbotsford Curling club welcomes and encourages you to come join us for five weeks of fun on the ice. We will provide the equipment needed to curl, brooms, grippers and sticks for those interested. As well, each session will begin with a 30 minute curling lesson or review for those of you who haven't curled for a while. Following the lesson you will be broken into teams with some experienced curlers and play a game.

If you are concerned about getting into the hack, many senior curlers today have chosen to curl with a push stick. This is a safe, effective way to throw a rock and has allowed many senior curlers to continue to enjoy the game that they love.

After curling, come upstairs to socialize with fellow curlers and enjoy a beverage of your choice.

Contact: Tina Hinds 604 853 8644 or [tinahinds7@gmail.com](mailto:tinahinds7@gmail.com)